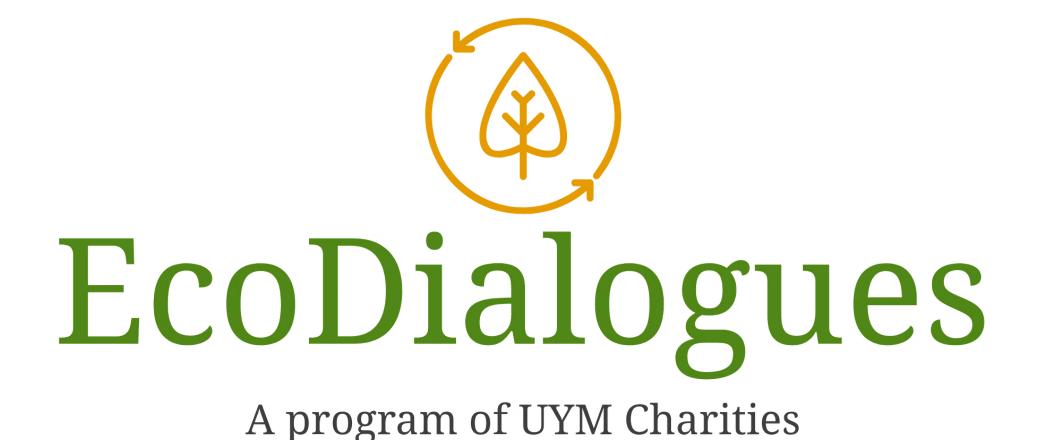
# EcoDialogues: Space as Metaphor, Dialogue as Method

EcoDialogues is not a service or a solution. It is a **philosophical approach to change**—rooted in the belief that transformation begins by reimagining the spaces we inhabit: within ourselves, between one another, and within the systems through which we move daily.

Guided by the open-source conceptual framework <u>Space as Metaphor</u>, EcoDialogues draws from a transdisciplinary foundation: <u>organizational</u> development, moral philosophy, ecopsychology, leadership theory, Taoism, Buddhism, Ubuntu, depth psychology, Indigenous thinking, and consciousness studies. This work offers more than content—they offer ways of being. EcoDialogues brings them into living conversation through dialogue.



### Who It's For

### EcoDialogues is suited to:



### Individuals

Navigating change, contradiction, or identity realignment.



### Organizations and Teams

Seeking to move beyond performance culture toward cultures of shared meaning, presence, and integrity.

No prior experience is needed—just a willingness to pause, reflect, and enter into dialogue.

## Outcomes

EcoDialogues creates space for people to slow down, listen deeply, and explore complex questions together. When that kind of space is held with care, **powerful things can happen**:

- People start to see things differently, gaining new perspectives on challenges they thought were stuck.
- Assumptions soften, and better conversations become possible—even across differences.
- Teams and groups often feel **more connected**, creative, and grounded.
- Instead of rushing to fix things, people discover new questions, ideas, and directions that feel more honest and aligned.
- The process can restore a sense of trust, purpose, and possibility.

# Philosophical Foundation

At its core, EcoDialogues engages three interwoven philosophical strands:



### Axiology

What matters here? What values shape how we act, relate, and decide?



### Ontology

Who are we becoming? What kinds of selves are present—and what is being denied?



### Epistemology

How do we know what we know? What knowledge is honored, and what is dismissed?



Rather than impose an outcomeoriented process, EcoDialogues uses dialogue itself—in the spirit of David Bohm and depth psychological traditions—as the field in which insights arise, assumptions soften, and transformation of perspective becomes possible.

# Session Details



### Session One: Internal Space

Through guided questions, somatic awareness, and reflective silence, the first session invites participants to **slow down** and investigate the internal spaces that shape their actions.

What do I believe is good, right, or real—and why?



### Session Two: Shared Space

This session brings participants into relational dialogue—not to debate or align—with a focus on how different internal spaces interact, intersect, or resist one another.

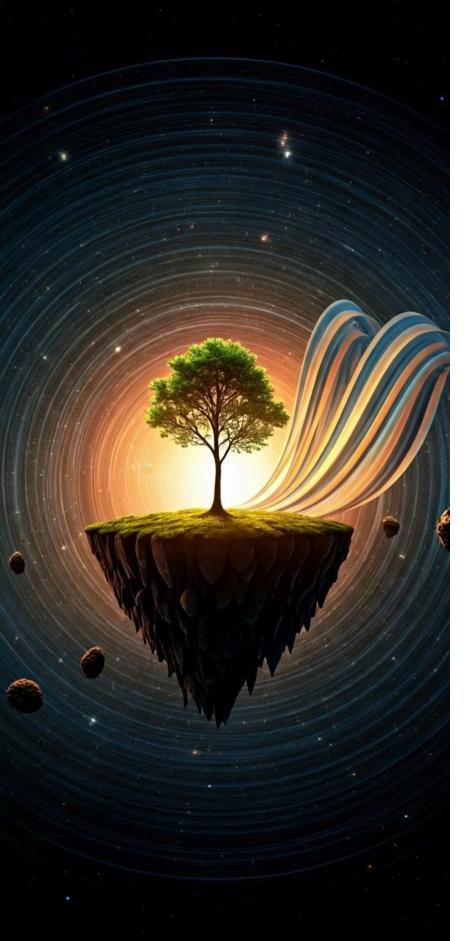
What happens between us when we stop trying to agree?



# Session Three: The Field

The final session expands the view with a focus on how internal and shared spaces participate in a larger field—organizational culture, social systems, and collective memory.

How do our inner spaces shape the world we inhabit?



# Why Space as Metaphor?

In a culture obsessed with doing, space is often dismissed as emptiness—and yet space is where change begins. It is the **container for emergence**, the medium for reflection, and the architecture of ethical action.

In dialogue, **space** becomes more than a metaphor—it becomes a way of seeing, relating, and acting in the world.

### **EcoDialogues is strategy reimagined.**

Strategy is not as a plan, but a practice; Strategy is not efficiency, but ethical presence. Strategy is not a destination, but dialogue.

## Connect With Us

EcoDialogues is a program of UYM Charities, a 501(c)(3) organization with Tax ID: 16-1635726.

### Support Our Mission

Your tax-deductible contribution helps us continue providing transformative services to individuals, teams, and organizations in need.

### **Contact Information**

### **Email:**

rlevey@uymcharities.org

For more information: visit

<u>uymcharities.org/ecodialogue</u>

<u>s</u>.

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# Research Foundation

EcoDialogues is a dialogical, transdisciplinary approach that operationalizes Space as Metaphor across internal, relational, and systemic domains.

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