

EcoDialogues: Space as Metaphor, Dialogue as Method

EcoDialogues is not a service or a solution. It is a **philosophical approach to change**—rooted in the belief that transformation begins by reimagining the spaces we inhabit: within ourselves, between one another, and throughout the systems we move through.

Guided by the open-source framework **Space as Metaphor**, EcoDialogues invites individuals and organizations into a cycle of structured, participatory dialogue. This is not therapy. This is not coaching. It is a deep process of shared inquiry—an unhurried, reflective encounter with one's inner landscape, shared realities, and the systems we co-create.

The work draws from an interdisciplinary foundation: **moral philosophy, ecopsychology, Taoism, Buddhism, Ubuntu, Indigenous thinking, and consciousness studies**. These traditions offer more than content—they offer ways of being. EcoDialogues brings them into living conversation through dialogue.



EcoDialogues

A program of UYM Charities

Philosophical Foundation

At its core, EcoDialogues engages three interwoven philosophical strands:



Axiology

What matters here? What values shape how we act, relate, and decide?



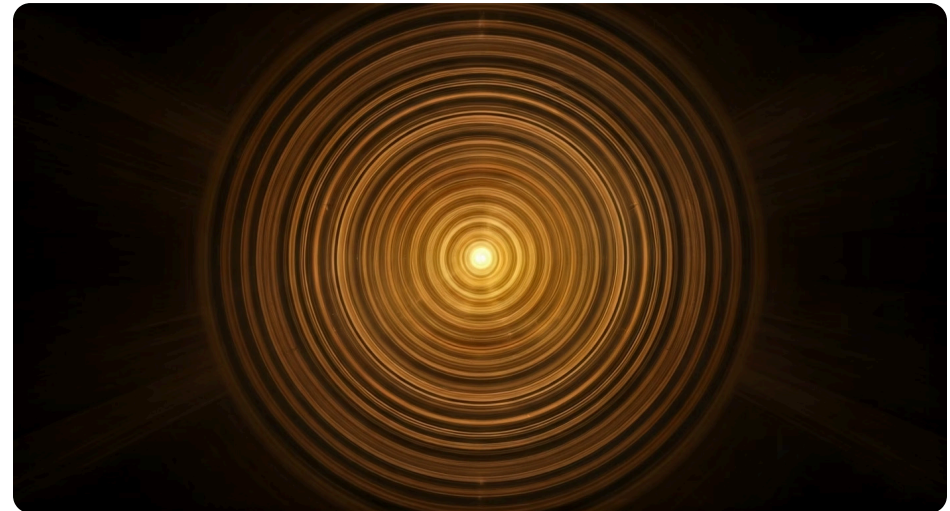
Ontology

Who are we becoming? What kinds of selves are present—and what is being denied?



Epistemology

How do we know what we know? What knowledge is honored, and what is dismissed?



Rather than impose an outcome-oriented process, EcoDialogues uses **dialogue itself**—in the spirit of David Bohm and depth psychological traditions—as the field in which insight arises, assumptions soften, and transformation becomes possible.

Session Details



Session One: Internal Space

The first session invites participants to slow down and encounter their inner worlds. Through guided questions, somatic awareness, and reflective silence, participants begin mapping the **internal spaces** that shape their actions.

What do I believe is good, right, or real—and why?



Session Two: Shared Space

This session brings participants into **relational dialogue**—not to debate or align, but to **witness and be witnessed**. The focus is on how different internal spaces interact, intersect, or resist one another.

What happens between us when we stop trying to agree?



Session Three: The Field

The final session expands the view. It explores how internal and shared spaces **participate in a larger field**—organizational culture, social systems, and collective memory.

How do our inner spaces shape the world we inhabit?

Who It's For

EcoDialogues is open to:



Individuals

Navigating change,
contradiction, or identity
realignment



Organizations and Teams

Seeking to move beyond
performance culture toward
cultures of shared meaning,
presence, and integrity

No prior experience is needed. Only a willingness to pause, reflect, and enter dialogue.

Why Space?

In a culture obsessed with doing, space is often dismissed as emptiness. But space is where change begins. It is the **container for emergence**, the medium for reflection, and the architecture of ethical action.

Drawing from **moral philosophy, ecopsychology, Taoism, Buddhism, Ubuntu, Indigenous worldviews, and consciousness studies**, space becomes more than a metaphor—it becomes a way of seeing, relating, and acting in the world.

EcoDialogues is strategy reimaged.

Not as a plan, but as a practice. Not as efficiency, but as ethical presence. Not as destination, but as dialogue.



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EcoDialogues is a program of UYM Charities, a 501(c)(3) organization with Tax ID: 16-1635726.

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Your contribution helps us continue providing transformative services to individuals, teams, and organizations in need.

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